



ST JOSEPH'S NEWS

The Newsletter of St Joseph's College

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HEADTEACHER'S MESSAGE

Dear Parents and Carers

We hope you all had a lovely Easter and welcome back to the summer term. We are hugely proud of all the students that took part in our school production of Peter Pan. Performing in front of an audience of 300 primary school students last Thursday and family and friends Friday evening was an incredible experience for them and I know that all those that watched the show, thoroughly enjoyed it. We are equally proud of our Year 11 Football team who are now Croydon Champions following their win in the Croydon Cup Final match. A fantastic end to the season for the boys just before they commence their exams.

Last Tuesday our Year 8 students participated in a Year 8 Lasallian retreat. The day reminded them of the larger Lasallian family they are part of, globally. Our Year 12 Engineering students also enjoyed a day out to Sussex University- raising their awareness of the many career paths Engineering can facilitate.

The pressure is now on for pupils and teachers as we enter the final few weeks ahead of the start of the main public examinations. Many aspects of the examinations have already started with the Art exam being completed this week and MfL speaking examinations commencing Monday. We are really impressed with the determination our students are demonstrating to achieve exam success. On Wednesday evening Mr Cabrera led a GCSE Exam Information Evening for parents, if parents were unable to attend key information has been sent home. Also included in this newsletter are some extra stress busting tips to support students and parents. We wish all our students good luck over the coming weeks and remind them of the power of faith and prayer in supporting them through the examination season.

God Bless

Mrs C Kane

7 TIPS FOR MANAGING EXAM STRESS

FOR YOUNG PEOPLE	FOR PARENTS/CARERS
<p>1. Stay organised with to-do lists and study timetables</p>	<p>1. Give them time off chores and non-urgent family stuff</p>
<p>2. Take regular study breaks</p>	<p>2. Encourage them to keep doing the activities they did before exams</p>
<p>3. Have a dedicated study space</p>	<p>3. Help them set up a study space and make sure the rest of the family understands</p>
<p>4. Have a long term goal</p>	<p>4. Chat with them about what they want to do after exams finish</p>
<p>5. Get as much sleep as possible</p>	<p>5. Remind them to go to bed at a regular time each night</p>
<p>6. Remember your health - eat well and stay active</p>	<p>6. Go on study break walks with them and try to cook wholesome meals</p>
<p>7. Talk to the people around you</p>	<p>7. Make a time to chat to them and let them vent</p>

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Isaiah 41:10

"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

CHAPLAINCY REFLECTION

Mr T Arthur

As we continue in our Eastertide journey, I wish you all a happy and holy season! For our Muslim families, I wish you Eid Mubarak! I hope that you all had a happy and holy break.

Year 8 Retreat

On Tuesday, 26th April, all students in Y8 had their Lasallian Day Retreat. The day was led by the Young Lasallians from our retreat centre, St Cassian's, Kintbury, Hungerford.

The students reflected on the life of St John Baptiste de La Salle, they had team-building workshops and mediated on how God is working in their lives. The day ended with prayers in the Chapel, where we thanked God for the beautiful day. We look forward to taking groups of students to the St Cassian's retreat centre, next year.

Developing our Mission Statement

As you will remember, one of the recommendations from our denominational inspection (2021) was to develop further the College Mission Statement. On Tuesday, 3rd May, all teaching staff met in the Hall to discuss the Mission Statement. We look forward to involving other members of staff in the process, as well as, our students and parent/carers.

Lasallian Award 2022

Since our last newsletter, we now have over 65 submissions for the Lasallian Award! I want to thank parents/carers for your support and encouragement on this!

We find out who the prize winners are during our Founders' Day District Prayer Service, on Friday 13th May. Here are some photographs of the winning entries!

All Lasallian award winners will be invited to go on Lasallian Camp 2022, more information to follow.

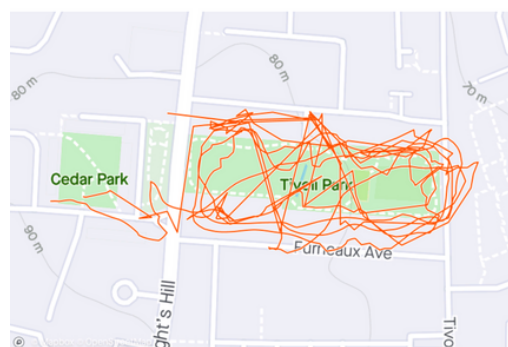
Prayer

As students in Year 11 and Year 13 prepare for their exams, this prayer is for them:

Lord, thank you that you are with me right now
Your love surpasses all fear I give you the anxiety I feel I
surrender all my worries to you. Clear my mind, Calm my
heart, Still my Spirit. Relax my being that I may always glorify
you In everything I write, speak and do. Amen



Afternoon Run



Distance
6.15 km

Avg Pace
5:46 /km

Moving Time
35:27

Elevation Gain
83 m



THIS WEEK IN PE

Mr R Atkins

Welcome to another edition of "This week in PE". A chance for all members of staff to share and witness the sporting achievements our boys have made this week.

Cricket

The cricket season is now in full flow, Mr Rimmer is happy. It has been a tricky start to the season for us, with some losses in the county cup. The U14 team went very close however, and took their game to a super over, which is unheard of at this level. Unfortunately our boys lost out by 2 runs and came away with the loss, but we have lots of games ahead where they can put things right!

Football

Football this week has been dominated by one game, and this was the year 11 Croydon Cup Final. This game was played at Crystal Palace Academy Training ground, and was the boys first final in several years. They came out 4-2 winners on the day and are now Croydon Cup champions! Goals came in the form of a Danai Hassan hat-trick and an Antoni Gebalski rocket. It has been a tough year for a lot of the boys in the team, so I am sure this was an emotional and memorable day for them all, well done to the lads. Our year 9s have a semi-final to play today, so they can hopefully follow this up with a cup win of their own.



<u>Date</u>	<u>Sports</u>	<u>Expected Arrival back to SJC</u>
Friday 6 th May	U13 Cricket vs Harris Purley (County Cup)	6pm
	U14 Football vs Harris Purley (Croydon Cup Semi-Final)	3:30pm
Monday 9 th May	U13 Cricket vs John Fisher (Friendly)	6pm
Tuesday 10 th May	U14 Cricket vs John Fisher (Friendly)	6pm
Wednesday 11 th May	1 st XI Cricket vs John Fisher (Friendly)	6pm
	Year 10 Athletics @ Croydon Arena	1pm
Thursday 12 th May	U15 Cricket vs John Fisher (Friendly)	6pm
Friday 13 th May	U12 Cricket vs John Fisher (Friendly)	6pm
	Year 9 Athletics @ Croydon Arena	1pm

PETER PAN PANTOMIME

Mr C Goodair

We would like to thank all the members of our SJC community who came to watch our college pantomime.

Show week was a huge success, with our talented cast delivering performances to local primary schools as well as a cohort of their peers, families and teachers.

We are incredibly proud of our students and were delighted to give them an opportunity to showcase their considerable talent.



<i>Character</i>	<i>Cast</i>
Captain Hook	Raziel Ford
The Crocodile	Sam Walton
Peter Pan	Samuel Ayme Leoncio Siqueira
Wendy	Isaac Schwiebert
Tinker Bell	Richniel Brown
Tiger Lilly	Cris Lawrence Vileza
One eye willy	Pratham Patel
Black beard	Eesa Rahiman
Long John Silver	Emanuel Mugwanya
Little Jim	Samuel Ajibade
Mr Smea	James Okunola
Bob	Mohammad Kaihan Bhatti
Michael	Christopher Campbell
John	Jeffrey Afranie
Twin 1	Kaelon Edwards
Twin 2	Keano Edwards
Nibs	Pedro Cruz
Curly	Mark Aidoo
Tootle	Ryszard Loi
Slightly	Mathew Nunez Martinez
The chief	Jayden Da Costa
Good Guy Guss	Khalil Pierre
Treeland	Michael Oyeneye
Treeothy	Khalil Carrol-Thompson
TreeBert	Ilyas Yiadom Boakye
Mysterious Mick	Ifenna Ejoh
Shadow	Rhys Blankson-Blake



YORKSHIRE FOOTBALL TOUR 2022

Mr J Rimmer

In the Easter holidays 30 students and 4 staff departed on our bi-annual football tour, this time to stunning Yorkshire. The group consisted of a mix of players from Year 8, 9 and 10 and was an extremely action-packed 4 days away, which certainly left everyone involved (especially the staff) grateful for the Easter break afterwards.

All students were able to take part in a range of activities at our incredible accommodation, Queen Ethelburga's Collegiate school, and have full use of their state-of-the-art facilities throughout. We visited Old Trafford Stadium, home of Manchester United FC, for a behind the scenes tour and education session and competed in two fixtures against local opposition. It was clear to see who won the battle of North v South as we triumphed 28-6 on aggregate over the 4 fixtures. So many different goalscorers and amazing performances to name but Cameron Jones and Malachi Mullings were named 'Player's of Tour'.

Students were also able to go bowling for an evening, go on a walking tour of York and take part in a foot golf session too, as well as indulging in some cracking food!

All of the students were exemplary for the four days away and represented the college brilliantly, showing good manners to everyone they met. Thank you to Mr Atkins, Mr Quinn and Mr Silva for their support too and effort in getting all the students to go to sleep! It was definitely appreciated.

Please view our tour highlights video on YT for a flavour of what we got up to:

<https://www.youtube.com/watch?v=9Ku0m96am78>



MR DAVIES RUNS A VERY LONG WAY FOR AMAZING CAUSE!

Mr J Davies

Mr Davies participated in 4DaysForCasper, a run for a local charity for children and young people with Autism. This was held in Norfolk, running along the Norfolk Coastal path from Hunstanton to Great Yarmouth which totalled 72 miles. For more information on this fantastic charity, CASPA has a website and can be found on social media platforms. The page for donating for this particular run is: <https://www.justgiving.com/caspa>
<https://www.facebook.com/CASPAOnline>



We met so many friendly people along the way who stopped and spoke to us about the reason for running, many donating and one person who even started running with us! There were emotional messages from some members of the public who had direct experience of autism and who felt supported by speaking to us. It was a thoroughly life enhancing experience to complete this run, exhausting but also rewarding. It's amazing what can be achieved with some training, a refusal to give in to pain and the motivation of having a good cause to keep you running! As you can see from the photos, not everyone is young and what you would describe as a "natural athlete"!

SUSSEX UNIVERSITY PARTNERSHIP

Mrs R Cashmore

We are delighted that Sussex University chose us as one of their partner schools. 50 Year 9 and 15 Year 12 students have been to visit the campus this month. Students in year 9 learned about what is on offer at University and student life. They had a tour of the campus and student accommodation and enjoyed a taster lecture. Our BTEC Engineering students were taught by students studying the masters in automotive engineering and were shown the cars they have designed and built for the racetrack. Our student's soldering and design skills were put to the test as they learned more about what it's like to study Engineering at University and they really impressed everyone. Thank you widening participation at Sussex University for all of your work informing and inspiring our students.


UPCOMING EVENTS

Date	Information
Monday 9 th May Monday 9 th , Thursday 12 th & Friday 13 th May	<ul style="list-style-type: none"> • Year 10 class test • NHS Croydon visit
Friday 13 th May	<ul style="list-style-type: none"> • Year 13 study leave commences
Monday 16 th May	<ul style="list-style-type: none"> • NHS Croydon visit • GCSE and A level exams commences
Wednesday 18 th May	<ul style="list-style-type: none"> • Annual swimming gala
Thursday 19 th May	<ul style="list-style-type: none"> • Life Skills

Year 8 have been undertaking their GL Assessments over the past few weeks.

These assessments provide detailed data on children's reading age and ability.

A massive thank you to all of Year 8 for working hard and completing their tests, whilst an even bigger thank you to the form tutors for all their help with this.



Lasallian

Definition: A member of The Brothers of the Christian Schools.

Word class: noun.

Context: The St Joseph's College '5 Respects' are all based on those that the worldwide Lasallian community practice. Whether in Europe, Asia or Africa, all Lasallian schools share in the same core beliefs and values, making us all part of one, international community.

Last week, staff at St Joseph's met to discuss our school's mission statement. This is something that you, the students, will get an opportunity to contribute to, so get your Lasallian thinking caps on!

There will also be a 'Lasallian Camp' from July 8-10th, where other Lasallian schools in Ireland, England, Jersey and Malta will join together to celebrate and practice all things Lasallian!

SPANISH HOUSE COMPETITION

Miss C Wilson

Design a logo Competition

What a glorious fun event! We got more than one hundred entries to our MFL "Design a logo for the Y8 Spanish trip" competition!

With the expert advice of Mr Mbewe, the Y8 students let their imagination soar and produced a series of wonderful designs which made the job of our Y10 Students judges: Jaziah Pringle (Beulah), Sankoumba Cisse (Grange), Reagen Thomas (Dane) and Darryl Asante-Yeboah (Hill) a very tough task. After a long deliberation, the winners were named as Naser Ghamai (Brookland) in third place, Gordon (Netherton) in second place, and, David Osagie (Grange) in first place. The design has already been sent to our graphic designer to be printed in some T-Shirts. Our deepest thanks to Mr Mbewe for his amazing support and to our judges.

Gaudi v Picasso

The results of the vote were very close, but our Y7 Spanish students decided that Gaudi was the better Spanish artist of the two. The vibrant colors he used in his works and his passion for nature seen in his ceramics, stained glass and ironwork caught our student's imagination. Michal Duszak (Netherton) gave us an amazing introduction to the life of Antoni Gaudi (see below), while Denil Vincent (Hill) was inspired by the mosaic ceramic dragon, symbol of luck and happiness, in Barcelona's Parc Guell. Laughs could not be contained however when during the lesson Jakub Barcikowski (Brookland), Tyrell Edwards (Brookland) and Gabriel Franco (Hill) drew themselves using Picasso cubist techniques.



MESSAGES FROM THE HEAD STUDENTS

Hey, this is the Year 13 leadership team! With the exam period coming up, we understand that a huge mix of emotions can overwhelm us. We all went through the same stress and anxiety, especially now in Year 13, so we wanted to talk a little about how to take care of yourself during the exam period, whilst feeling great about them!

Josiah (Head Boy)

With all the many ups and downs I've gone through with revision, exam pressure, and even overall health whilst being at St Joseph's College for nearly 7 years, I have so many stories and memories that I think would help. I do however have one tip, BALANCE. If you think revising everyday means giving up a social life, not being able to hop on to the PS4 and condemn yourselves into your dark rooms to revise, well then you're wrong! For example even though I go to school for 5-6 hours a day, there are still 18 hours of the day left. Once you can easily distribute your time and revision across your day, whilst also adding variety to keep everything alive, revision won't ever feel intoxicating again. Personally I add physical activities like the gym or cycling, whilst also doing stuff i love like gaming and music production. So creating a rough timetable and trying out what works for you is easily my best tip in tackling the exam period!

Fariha (Head Girl)

Sleeping is SUPER essential. There is no point going to school, revising at home all too just stay up late. If you don't sleep, you can't retain any information and it feels like the entire day was a waste of time. So even though the older we get, the more tempted we are to stay up all the ways into the early mornings, going to bed around 10 - 10:30pm has always worked best for me and makes it so much easier to wake up in the morning with the energy I need for not only revision but to keep up with my other daily activities and social life!

Adriana (Deputy Head Girl)

Give yourself plenty of time to revise before your exams. Talking from personal experience, I know you will not pass the exams if you start revising the night before and cramming without sleep, it really will not help in getting the grades you need to succeed. Good luck with your exams.

We hope this tips can help you. Whether it's your mocks or your GCSE's this year, these tips will help all of you collectively, and this is our way of spreading this useful information to the rest of our wonderful school community. Good luck everyone and we hope your exams go all the best!

END OF TERM	1ST	GRANGE	14522
HOUSE STANDINGS	2ND	BROOKLANDS	14129
UPCOMING EVENTS	3RD	BEULAH	13417
YR 9 & 10 FOOTBALL	4TH	DANE	12304
CRICKET	5TH	NETHERTON	11193
SPORTS DAY	6TH	HILL	9988
BIG EVENT 5			
SPOKEN WORD			
FRIDAY QUIZ			

We hope you have had a good Easter break. Year 11 students are now approaching the final stretch towards their GCSE examinations, and so we would like to remind you of the importance of hard work and resilience as we continue into the final term.

Monthly Maths questions

The students who find greatest success within GCSE mathematics are those who revise regularly, even if only in small amounts. To support students in their efforts we have created a bank of questions, with the idea for students to answer 1 question per day throughout the month. This will get pupils in the mindset to revise mathematics regularly and will help get them ready for future examinations.

Maths Award Exams – Year 7 and 8

On Monday 9th of May, 2022, a total of 136 pupils across Year 7s and 8s will be taking their first pre-GCSE Maths Awards exams in Number and Measure. The boys have showed very good motivation and effort building up to the exams.

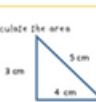

The Edexcel Level 1 and Level 2 Awards in Proficiency for Number and Measure qualifications enable students to:

- develop a thorough knowledge and understanding of concepts in number and measure and a sound foundation of mathematical techniques
- acquire confidence in their mathematical skills to move into further study in the subject or related areas
- enjoy using mathematics, and become confident when using mathematics
- Develop a proficiency in number and measures to support progression in their studies, the workplace and training.

Junior maths challenge – 27th/28th April

This week, 140 of our most gifted Mathematicians across Years 7 & 8 sat the UKMT Junior Mathematical Challenge. The competition encourages mathematical reasoning, precision of thought, and fluency in using basic mathematical techniques to solve interesting problems. The problems on the Junior Mathematical Challenge are designed to challenge students across the UK.

A LITTLE BIT OF MATHS EVERY DAY ...

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAY	1 What is the value of the digit "4" in 12.54?	2 Give an example of a number that has exactly two factors	3 $\frac{2}{5}$ of a number is 30. What is $\frac{3}{7}$ of the number?	4 Without a calculator Work out 172×34	5 Rob says that $(x-4)^2 = x^2 - 16$ Is it correct? Explain your answer	6
7 A triangle has sides of length 5 cm, 12cm and 13cm. Is it a right angle triangle?	8 What is the area of a circle with a diameter of 6cm?	9 Write 9:4 in the form 1:n	10 What is the surface area of a cube with side length of 0.6 metres?	11 Without a calculator $\frac{4}{9}$ of 360	12 Joanna has twin brothers. The combined age of Joanna and her brothers is 57. In 3 years time her brothers will be 17. How old will Joanna be in 3 years time?	13
14 What is the next term of the sequence? 5 8 14 23	15 Factorise: $2a^4b^3 + 8ab^6 - 4a^3b^3$ $a^2 + a - 12$	16 Estimate $\frac{9.68^2 \times \sqrt{16.32}}{12 \times 0.48}$	17 The population of a village decreases from 200 people to 120 people. What is the percentage decrease?	18 The ratio of number of green balls to red balls in a bag is 6:5. What fraction of the balls are red?	19 Show that 100 can be written as the sum of a power of two and a square number	20
21 What is 400,000 to the power of zero?	22 Put a pair of brackets in the following to make it correct: $2 \times 7^2 - 2 = 94$	23 How many edges does a square based pyramid have?	24 Which is larger? $\frac{3}{4}$ or $\frac{4}{3}$	25 Calculate the area 	26 The cost of a meal after a 15% discount is applied to the bill is £29.75. What was the price before the discount?	27
28 What is the size of an exterior angle of an octagon?	29 What are the next two terms of the sequence? a b a+b	30 Simplify $3y^3 \times 4y^3$	31 How much interest is earned if I invest £2500 in an account that pays 4% compound interest for 3 years?	REMEMBER: THE BEST WAY TO REVISE MATHS IS TO "DO MATHS"! 		

ICT & COMPUTING UPDATE

Code Club

Code club is a new club running since the start of this term, every Tuesday lunch time with Mrs Carvalho. Our Year 7 boys understand that learning to code is an essential skill, especially as we are living in the digital age. Learning to code doesn't just mean you can become a developer – it strengthens problem solving and logical thinking skills and is useful for a range of subjects and hobbies.

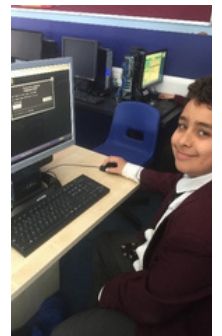
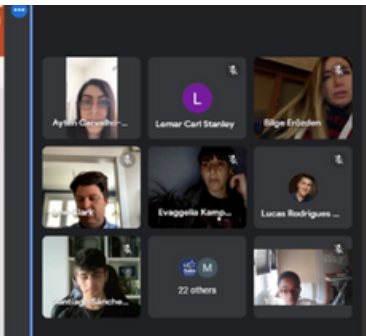
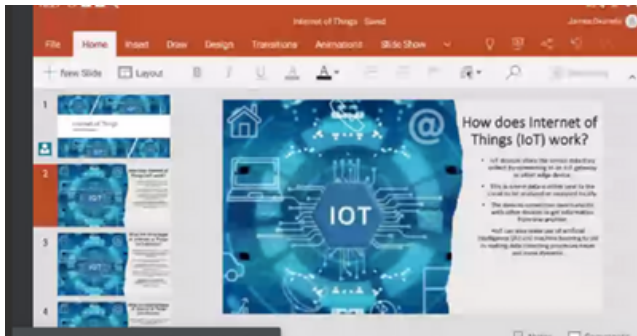
Massive well done to all the students who have attended so far and achieved a certificate of completion on various coding challenges.

If you enjoy playing or creating games then come along to Code club, every Tuesday lunchtime between 12:45-13:15pm in S22.

Global Lasallian Tech Teens 2022

We are beyond excited to announce that this term we launched a Virtual Exchange Project called "Tech Teens". The project aims to promote academic excellence, through remote meetings between different schools within the global Lasallian Network. Our students in Year 7 and 8 are connecting with students from Spain, Brazil, USA, Turkey, Greece, and Columbia. The opportunity is providing a multicultural experience, and developing their linguistic and social skills, Lasallian values and identity.

Massive well done to Elraph Boateng, James Okunola, Harish Thapliyal, Jarred Vinluan, Youcef Ayat, Eugene Arthur, Mustafa Lakhani and Lemar Stanley for their enthusiasm and encouragement to one another during the project so far. They are great leaders of our Lasallian community and have worked extremely hard at preparing their weekly presentations on common topics such as Mental Health, Artificial Intelligence and Cyber Security. Tech Teens is new at SJC and we plan to continue projects like this in the future. Watch this space for updates on our next event.



WORD OF THE WEEK

GCSE POD TOP 3

shelter

Definition: a place giving temporary protection from bad weather or danger; a shielded or safe condition.

Word class: noun.

Context: first used in the 1580s to describe "structure affording protection", the word shelter is thought to come from the Middle English word 'sheltron', meaning "roof or wall formed by locked shields." Therefore, the belief is that the concept of shelter can be found in use of shields, mainly to protect someone in battle.

Over 227,000 private renters (people who rent housing) in England have been served a "no fault" eviction notice in the past three years. A "no fault" eviction notice means a landlord does not need to give a reason for ending a tenancy. Homelessness charity Shelter wants the government to scrap these evictions, saying losing a private tenancy is the second biggest cause of homelessness.

Synonyms: protection, safety, cover, security, refuge, sanctuary.

Year 11

- 1 – Miki Zmudzinski
- 2 – Ayo Ayegbusi
- 3 – Tosin Adebisi

Year 10

- 1 – Jeremy Allotey-Babington
- 2 – Kenardo Dunkley
- 3 – Kunal Singh



WHO WAS ST JEAN BAPTIST DE LA SALLE?

We continue to explore our Lasallian Heritage, today we look at the life of our founder, St John Baptist de La Salle.

St John Baptist de La Salle was the first son of wealthy parents living in France over 300 years ago. Born at Reims, John Baptist de La Salle received the tonsure at age eleven and was named Canon of the Reims Cathedral at sixteen. Though he had to assume the administration of family affairs after his parents died, he completed his theological studies and was ordained a priest on April 9, 1678. Two years later he received a doctorate in theology. Meanwhile he became tentatively involved with a group of rough and barely literate young men in order to establish schools for poor boys.

At that time a few people lived in luxury, but most of the people were extremely poor: peasants in the country, and slum dwellers in the towns. Only, a few could send their children to school; most children had little hope for the future. Moved by the plight of the poor who seemed so “far from salvation” either in this world or the next, he determined to put his own talents and advanced education at the service of the children “often left to themselves and badly brought up.”

To be more effective, he abandoned his family home, moved in with the teachers, renounced his position as Canon and his wealth, and so formed the community that became known as the Brothers of the Christian Schools (today: De La Salle Brothers).

De La Salle and his Brothers succeeded in creating a network of quality schools throughout France that featured instruction in the vernacular, students grouped according to ability and achievement, integration of religious instruction with secular subjects, well-prepared teachers with a sense of vocation and mission, and the involvement of parents.

In addition, De La Salle pioneered in programs for training lay teachers, Sunday courses for working young men, and one of the first institutions in France for the care of delinquents. Worn out by austerities and exhausting labours, he died at Saint Yon near Rouen early in 1719 on Good Friday, only weeks before his sixty-eighth birthday.

John Baptist de La Salle was a pioneer in founding training colleges for teachers, reform schools for delinquents, technical schools, and secondary schools for modern languages, arts, and sciences. His work quickly spread through France and, after his death, continued to spread across the globe.

In 1900 John Baptist de La Salle was declared a Saint. In 1950, because of his life and inspirational writings, he was made Patron Saint of all those who work in the field of education. John Baptist de La Salle inspired others how to teach and care for young people, how to meet failure and frailty with compassion, how to affirm, strengthen and heal. At the present time there are De La Salle schools in 79 different countries around the globe.