



St Joseph's College Subject Curriculum Map: PSHCE KS3-4

Intent

The PSHCE curriculum at St Joseph's College provides students with a broad and rich; careers, citizenship, character, financial, health, physical, sexual and relationship education. It seeks to equip students with the opportunity to develop the knowledge, skills and attributes they need to manage their lives both now and in the future. Through the PSHCE curriculum, students learn how to stay healthy and safe, whilst preparing themselves to make the most of their life and work. The curriculum aims to allow students the opportunity to improve their own physical and mental health and their emotional and social well-being. The PSHCE curriculum significantly contributes to Social, Moral, Spiritual and Cultural (SMSC) development at St Joseph's College. It enables all students to understand the significance of SMSC issues in our contemporary culture and more so in our local community. The PSHCE curriculum promotes fundamental British Values and strives to develop young people who can both contribute to and benefit from the multicultural society in which they live. PSHCE allows students to become better people with an awareness of the many issues and topics which can help them to become more accepting of people's differences and allow society to be more accepting of people from any background, e.g., different gender, sexual orientation, religion etc. The PSHCE curriculum seeks to nurture informed and resilient responses to misunderstanding, stereotyping and division. This enables them to participate fully in the cultural life of modern diverse Britain.

Year Group	Autumn Term		Spring Term		Summer Term	
	Half Term 1 Health & well-Being	Half Term 2 Living in the wider world	Half Term 3 Relationships	Half Term 4 Health & well-Being	Half Term 5 Relationships	Half Term 6 Living in the wider world
Key Stage 3 7	Transition and safety Transition to secondary school and personal safety in and outside school, including first aid	Developing skills and aspirations Careers, teamwork and enterprise skills, and raising aspirations Financial decision making Saving, borrowing, budgeting and making financial choices	Diversity Diversity, prejudice, and bullying	Health and puberty Healthy routines, influences on health, puberty, unwanted contact, and FGM	Building relationships Self-worth, romance and friendships (including online) and relationship boundaries	Peter Jones – Developing Enterprise Enterprise lessons designed to enable students to understand the processes involved in planning for and running their own businesses

Key Stage 3	8	Drugs and alcohol Alcohol and drug misuse and pressures relating to drug use	Community and careers Equality of opportunity in careers and life choices, and different types and patterns of work Digital literacy Online safety, digital literacy, media reliability, and gambling hooks	Discrimination Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia	Emotional wellbeing Mental health and emotional wellbeing, including body image and coping strategies	Identity and relationships Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception	Peter Jones – Developing Enterprise Enterprise challenges with the opportunity to compete against other pupil-led startups across the country
	9	Peer influence, substance use and gangs Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation	Setting goals Learning strengths, career options and goal setting as part of the GCSE options process Morrisby assessment Employability skills Employability and online presence	Respectful relationships Families and parenting, healthy relationships, conflict resolution, and relationship changes	Healthy lifestyle Diet, exercise, lifestyle balance and healthy choices, and first aid	Intimate relationships Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography	LIFE Awards Qualification A financial education programme delivered via the London Institute of Banking. Experience of valuable financial education and key life skills on a 'learning by doing' basis
Key Stage 4	10	Mental health Mental health and ill health, stigma, safeguarding health, including during periods of transition or change	Financial decision making The impact of financial decisions, debt, gambling and the impact of advertising on financial choices	Healthy relationships Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography	Exploring influence The influence and impact of drugs, gangs, role models and the media	Addressing extremism and radicalisation Communities, belonging and challenging extremism	Work experience Preparation for and evaluation of work experience and readiness for work

Key Stage 4	11	Building for the future Self-efficacy, stress management, and future opportunities	Next steps Application processes, and skills for further education, employment and career progression	Communication in relationships Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse	Independence Responsible health choices, and safety in independent contexts	Families Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships	
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